



# Shared Decision Making



## Best Practices for Clinicians

The purpose of this document is to provide clinicians with best practices for implementing shared-decision making (**SDM**) in the clinical setting

# SDM

Recognizing and acknowledging that a decision is required

Knowing & communicating the best available evidence

Incorporating the patient's values and preferences

## Achievable Outcomes of SDM

- Mitigation of future disease progression and damage
- Relapse Prevention
- Maximize symptom control and functioning
- Patient understanding of disease, its progression and possible outcomes
- Patient understanding of new baseline and adaptive strategies

### Clinician

Reports all information and treatment possibilities

### Patient

Receives all information and judges treatment harms and benefits

Recommends an option based on patient factors

## Therapeutic Alliance

Discusses their own personal preferences

Decides on the treatment plan together with the patient

Decides on treatment plan together with the clinician

## Practical Considerations

- Plan the time needed
- Consider the role of other allied healthcare support
- Identify which tool will capture the patient voice
- Document shared decision making in your workflow

